

Summer climbing gear checklist

Dress for cold and hot weather: layers of fleece etc. with a good wind- and snowbreaker. Bring your own pack and boots. Most technical gear can be supplied free of charge.

Packs:

1 internal frame pack Sleeping bag with pad (not for Burnie trips)

Clothing:

1 set polypro underwear (long, with drop bottoms)

Crampon compatible boots

2 pairs thick socks 1 fleece sweater

1 fleece jacket 1 balaclava

1 warm hat to fit under helmet gaiters

1 pair good ski gloves or ice climbing gloves 1 pair thin liner gloves

1 climbing or trekking pants Shell jacket (Gore-tex, fully zippered)

glacier sunglasses with spare light down jacket (optional, but really nice)

Gear (BE can supply most on request, depends on trip):

2 ice tools, 2 ski poles helmet

harness, carabiners, slings, quickdraws avalanche beacon (fresh batteries)

crampons with step-in bindings, fitted to boots with gaiters on

4-8 good modern ice screws Abalakov hooker

and...

good 1 l thermos or water bottle personal medication and first aid kit

sunscreen (SPF 45) and lip protection

pocket knife